

SEPTEMBER 11, 2021

# 4TH ANNUAL MIDWEST WOMEN IN CARDIOLOGY VIRTUAL SYMPOSIUM

HOSTED BY THE IOWA CHAPTER



States Participating:

Colorado, Illinois, Indiana, Kansas,  
Kentucky, Minnesota, Missouri, Nebraska,  
North Dakota, Ohio, South Dakota, Utah,  
Wisconsin



**Keynote Speaker**  
**Subha V. Raman, MD,**  
**MSEE, FACC, FAHA,**  
**FSCMR**

VP for IU Health  
Cardiovascular Services  
Physician Director,  
IUH/IUSM Cardiovascular  
Institute  
Professor of Medicine and  
Chief, IUSM Division of  
Cardiology



**Keynote Speaker**  
**Vera H. Rigolin, MD,**  
**FACC, FASE, FAHA**  
Professor of Medicine,  
Northwestern University  
Feinberg School of Medicine  
Medical Director,  
Echocardiography  
Laboratory, Northwestern  
Memorial Hospital  
Past-President, American  
Society of Echocardiography

# WELCOME FROM THE CHAIR AND THE IOWA PLANNING COMMITTEE



**Mahi L. Ashwath,  
MD, MBA, FACC, FASE,  
FSCMR  
Iowa ACC  
President/Governor  
Chair, Planning  
Committee**

Welcome to the 4th Annual Midwest Women in Cardiology Symposium!

We would like to invite you to join us for an interactive discussion about leadership, business, family, finances along with science as we network virtually with old friends and make new ones.

Dr. Ashwath is an Associate Professor of Medicine and Radiology at the University of Iowa and is the President of the Iowa Chapter of the ACC. She is an imaging cardiologist with a focus on Cardiac MRI and specializes in Cardio Oncology. Along with imaging, she is passionate about education, mentorship, diversity and inclusion and supporting the next generation of cardiologists.

This year we have four sessions in addition to our keynote speakers address by Drs. Vera Rigolin and Shubha Raman. See you there for an exciting day of enriching discussions and networking!

Thank you to Illinois, Indiana, Minnesota, Missouri, Nebraska, Ohio, and Wisconsin for working with the Iowa chapter to sponsor this event!

#### **Joint Accreditation Statement:**

In support of improving patient care, this activity has been planned and implemented by the American College of Cardiology Foundation and the Iowa Chapter of the American College of Cardiology. The American College of Cardiology Foundation is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

The ACCF designates this internet live educational activity for a maximum of 3.5 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credits commensurate with the extent of their participation in the activity.  
MOC

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.5 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.  
While offering credits noted above, the course is not intended to provide extensive training or certification in this field.



**Arooj Khan, MBBS  
Iowa ACC WIC FIT  
Chair**



**Suzy Feigofsky, MD, FACC, FHRS  
Iowa ACC WIC Planning  
Committee Member**



**Autumn McGill  
Iowa ACC Chapter  
Executive**

# Schedule

Saturday, September 11, 2021

**9:00 - 9:10 – Welcome and Introductions**

**9:10 - 10:00 – Keynote: Leadership and Women Cardiologists**

*Dr. Vera Rigolin, Dr. Subha Raman*

*Moderators: Dr. Mahi Ashwath & Dr. Arooj Khan*

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**10:00 - 11:00**

**Addressing Barriers in the Cardiology Workplace**

*Moderators – Dr. T. Jared Bunch, Dr. Laxmi Mehta, Dr. Nagalakshmi Nagarajan*

**Imposter Syndrome**

*Dr. Suzanne Feigofsky*

**Sexual Harassment in the Cardiology Workplace**

*Dr. Sharonne Hayes*

**Practical Tips for Academic Advancement**

*Dr. Jennifer Robinson*

**Microaggression in the Workplace**

*Dr. Meera Kondapaneni*

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**11:00 – 11:15 - Break – Visit Exhibits, View Posters**

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**11:15 - 12:00 - The Business of Medicine**

*Moderators – Dr. Mahi Ashwath, Dr. Denada Palm, Dr. Minnow Walsh*

**The Value of a Women's Heart Center & Where to Start**

*Dr. Niti R. Aggarwal*

**The Value of a Cardio Oncology Practice & Where to Start**

*Dr. Tochi Okwuosa*

**The Value of a Cardio Obstetrics Practice & Where to Start**

*Dr. Marla Mendelson*

**12:00 – 1:00 - FIT Case Discussions**

**Cardio Oncology**

*Dr. Arooj Khan (FIT), Dr. Sherry Ann Brown*

**Spontaneous Coronary Artery Dissection (SCAD)**

*Dr. Jin Zhao (FIT), Dr. Anu Tunuguntla*

**Myocardial Infarction with Nonobstructive Coronary Arteries (MINOCA)**

*Dr. Sepideh Darbandi (FIT), Dr. Mahi Ashwath*

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**1:00 - 1:30 – Lunch Break, Visit Exhibits, View Posters**

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**1:30 – 2:30 – Books that Inspire**

*Moderators: & Dr. Mahi Ashwath & Dr. Jennifer Streeter*

**Blink: The Power of Thinking Without Thinking**

*Dr. Sharon Larson*

**Lean In: Women, Work, and the Will to Lead**

*Dr. Annabelle Volgman*

**Crucial Conversations: Tools for Talking When Stakes are High**

*Dr. Toniya Singh*

**Hardball for Women - Winning at the Game of Business**

*Dr. Isabella Grumbach*

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**2:30 - 3:30 – Family and Finances**

*Moderators: Dr. Rabia Khan & Dr. Retu Saxena*

**Financial Planning**

*Dr. Elisa Bradley*

**Contract Negotiation**

*Dr. Toniya Singh*

**How to Balance Family and Career in Cardiology**

*Dr. Denice Zingman*

**Transitioning from FIT to Early Career**

*Dr. Poonam Velagapudi*

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**3:30 – 4:00 – Poster Session, Closing Comments**

# Speakers and Moderators

## **Niti R. Aggarwal, MD, FSCMR, FASNC, FACC**

Senior Associate Consultant  
Assistant Professor of Medicine  
Mayo Clinic - Rochester, MN

## **Elisa Bradley, MD, FACC**

Associate Professor of Medicine  
Director, Adult Congenital Heart Disease  
Director, Translational Science  
Penn State Health Heart & Vascular Institute

## **Sherry-Ann Brown, MD, PhD, FACC, FAHA**

Director of Cardio-Oncology, Medical College of Wisconsin  
Milwaukee Research Collaborator, Mayo Clinic  
ACC National WIC Leadership Council and Innovation Section

## **T. Jared Bunch, MD, FACC, FHRS**

Professor of Medicine  
Section Head, Clinical Cardiac Electrophysiology

## **Sepideh Darbandi, DO**

Cardiology Fellow  
MercyOne North Iowa Medical Center

## **Isabella Grumbach, MD, PhD**

Professor of Internal Medicine-Cardiovascular Medicine  
University of Iowa Health Care Carver College of Medicine

## **Sharonne N. Hayes, MD, FACC, FAHA**

Professor of Cardiovascular Medicine  
Founder, Women's Heart Clinic  
Mayo Clinic

## **Rabia Khan, MD, FAAP**

Cardiologist  
University of Iowa Hospitals & Clinics

## **Meera Kondapaneni, MD, FACC, FSCAI**

Assistant Professor of Medicine, Case Western Reserve University  
Director, Cardiac Cath Lab, Heart & Vascular Center  
Director, Cardiovascular Disease Fellowship Program  
MetroHealth Medical Center

## **Sharon Larson, DO, MS, FACOS, FACS**

Cardiothoracic Surgeon  
Clinical Assistant Professor, ECOM  
Surgical Director, University of Iowa Hospitals & Clinics

## **Laxmi Mehta, MD, FACC, FAHA, FNLA**

Vice Chair of Wellness, Department of Internal Medicine  
Section Director of Preventative Cardiology & Women's Cardiovascular Health  
Director of Lipid Clinics, Sarah Ross Soter Endowed Chair-Women's Cardiovascular Health  
Professor of Medicine, The Ohio State University

## **Marla Mendelson, MD**

Director, Heart Disease and Pregnancy Program  
Northwestern Adult Congenital Heart Center

## **Nagalakshmi Nagarajan, MD**

Fellow Physician, Division of Cardiovascular Medicine  
University of Iowa Hospitals and Clinics

## **Tochi M. Okwuosa, DO, FACC, FAHA**

Associate Professor of Medicine and Cardiology  
Director, Cardio-Oncology Program  
Rush University Medical Center

## **Denada Palm, MD**

Structural Heart & Peripheral Vascular Interventional  
Cardiology Fellow  
Brigham and Women's Hospital

## **Jennifer Robinson, MD, MPH**

Professor, Departments of Epidemiology & Medicine  
Director, Preventive Intervention Center  
Department of Epidemiology  
University of Iowa

## **Retu Saxena, MD**

Cardiologist  
Minneapolis Heart Institute

## **Toniya Singh, MD, FACC**

Managing partner St Louis Heart and Vascular  
Chair, National Women in Cardiology Council,  
American College of Cardiology

## **Jennifer Streeter, MD, PhD**

Associate of Internal Medicine - Cardiovascular Medicine  
University of Iowa Hospitals and Clinics

## **Anu Tunuguntla, MD, FACC, FSCAI**

Structural and Interventional Cardiologist  
Director of TAVR/MitralClip Program  
CHI Health Nebraska Heart

## **Poonam Velagapudi, MD, MS, FACC, FSCAI**

Structural Interventional Cardiologist  
Assistant Professor of Medicine  
Associate Program Director for Cardiovascular Medicine  
University of Nebraska

## **Annabelle Santos Volgman, MD, FACC, FAHA**

McMullan-Eybel Endowed Chair for Excellence in Clinical  
Cardiology  
Professor of Medicine, Rush College of Medicine  
Medical Director, Rush Heart Center for Women  
Vice Chief for Academic Affairs, Division of Cardiology  
Governor, American College of Cardiology of Illinois  
Chair of the American Heart Association of WIC

## **Mary Norine Walsh, MD, MACC**

Medical Director, Heart Failure and Cardiac Transplantation  
Ascension St Vincent Heart Center  
Past President, American College of Cardiology

## **Jin Zhao, MB, PhD**

Fellow Physician, Division of Cardiovascular Medicine  
University of Iowa Hospitals & Clinics

## **Denice Zingman, MD**

Professor of Internal Medicine-Cardiovascular Medicine  
Director, Clinical Cardiac Electrophysiology Fellowship Training  
Program  
University of Iowa Hospitals & Clinics

# Call for Abstracts: 4th Annual Midwest Women in Cardiology Virtual Symposium

Dear fellows, residents and students,

Submit your abstract or case report for the 4th Annual American College of Cardiology Midwest Women in Cardiology Virtual Symposium!

Cardiology fellows, residents, and medical students are invited to submit interesting case reports and abstracts of original research in cardiology. Case reports and abstracts previously presented or accepted for presentation at other national cardiology meetings can be submitted. Character limit for abstract and case report is 1,900 without tables or figures. If tables or figures are included, each table or figure would count for 600 characters. There is no character limit for posters.

The two best research abstracts and the single best case report will receive cash prizes. Winners will be announced at the Midwest WIC Virtual Symposium on Saturday, September 11, 2021 during the FIT Poster Session from 3.30 pm-4.00 pm CT.

Deadline for submission of abstracts and posters: **Sunday, August 15th, 2021.**

**Please send in your submissions to [arooj-khan@uiowa.edu](mailto:arooj-khan@uiowa.edu).**

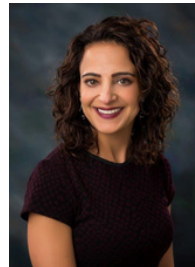
We look forward to your submission!



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