SEPTEMBER 11, 2021

4TH ANNUAL MIDWEST WOMEN IN CARDIOLOGY VIRTUAL SYMPOSIUM
HOSTED BY THE IOWA CHAPTER

States Participating:
Colorado, Illinois, Indiana, Kansas,
Kentucky, Minnesota, Missouri, Nebraska,
North Dakota, Ohio, South Dakota, Utah,
Wisconsin

Keynote Speaker
Subha V. Raman, MD, MSEE, FACC, FAHA, FSCMR
VP for IU Health Cardiovascular Services
Physician Director, IUH/IUSM Cardiovascular Institute
Professor of Medicine and Chief, IUSM Division of Cardiology

Keynote Speaker
Vera H. Rigolin, MD, FACC, FASE, FAHA
Professor of Medicine, Northwestern University Feinberg School of Medicine
Medical Director, Echocardiography Laboratory, Northwestern Memorial Hospital
Past-President, American Society of Echocardiography
Welcome to the 4th Annual Midwest Women in Cardiology Symposium!

We would like to invite you to join us for an interactive discussion about leadership, business, family, finances along with science as we network virtually with old friends and make new ones.

Dr. Ashwath is an Associate Professor of Medicine and Radiology at the University of Iowa and is the President of the Iowa Chapter of the ACC. She is an imaging cardiologist with a focus on Cardiac MRI and specializes in Cardio Oncology. Along with imaging, she is passionate about education, mentorship, diversity and inclusion and supporting the next generation of cardiologists.

This year we have four sessions in addition to our keynote speakers address by Drs. Vera Rigolin and Shubha Raman. See you there for an exciting day of enriching discussions and networking!

Thank you to Illinois, Indiana, Minnesota, Nebraska, and Ohio for working with the Iowa chapter to sponsor this event!
Schedule
Saturday, September 11, 2021

9:00 - 9:10 – Welcome and Introductions

9:10 - 10:00 – Keynote: Leadership and Women Cardiologists
Dr. Vera Rigolin, Dr. Subha Raman
Moderators: Dr. Mahi Ashwath & Dr. Arooj Khan

10:00 - 11:00
Addressing Barriers in the Cardiology Workplace
Moderators – Dr. T. Jared Bunch, Dr. Laxmi Mehta, Dr. Nagalakshmi Nagarajan

Imposter Syndrome
Dr. Suzanne Feigofsky

Sexual Harassment in the Cardiology Workplace
Dr. Sharonne Hayes

Practical Tips for Academic Advancement
Dr. Jennifer Robinson

Microaggression in the Workplace
Dr. Meera Kondapaneni

11:00 – 11:15 - Break – Visit Exhibits, View Posters

11:15 - 12:00 - The Business of Medicine
Moderators – Dr. Mahi Ashwath, Dr. Denada Palm, Dr. Minnow Walsh

The Value of a Women’s Heart Center & Where to Start
Dr. Niti Aggarwal

The Value of a Cardio Oncology Practice & Where to Start
Dr. Tochi Okwuosa

The Value of a Cardio Obstetrics Practice & Where to Start
Dr. Marla Mendelson

12:00 – 1:00 - FIT Case Discussions

Cardio Oncology
Dr. Arooj Khan (FIT), Dr. Sherry Ann Brown

Spontaneous Coronary Artery Dissection (SCAD)
Dr. Jin Zhao (FIT), Dr. Anu Tunuguntla

Myocardial Infarction with Nonobstructive Coronary Arteries (MINOCA)
Dr. Sepideh Darbandi (FIT), Dr. Mahi Ashwath

1:00 - 1:30 – Lunch Break, Visit Exhibits, View Posters

1:30 – 2:30 – Books that Inspire
Moderators: & Dr. Mahi Ashwath & Dr. Jennifer Streeter

Blink: The Power of Thinking Without Thinking
Dr. Sharon Larson

Lean In: Women, Work, and the Will to Lead
Dr. Annabelle Volgman

Crucial Conversations: Tools for Talking When Stakes are High
Dr. Toniya Singh

Hardball for Women - Winning at the Game of Business
Dr. Isabella Grumbach

2:30 - 3:30 – Family and Finances
Moderators: Dr. Mahi Ashwath & Dr. Retu Saxena

Financial Planning
Dr. Elisa Bradley

Contract Negotiation
Dr. Toniya Singh

How to Balance Family and Career in Cardiology
Dr. Denice Zingman

Transitioning from FIT to Early Career
Dr. Poonam Velagapudi

3:30 – 4:00 – Poster Session, Closing Comments

Link to Extended Bios
Speakers and Moderators

Niti Aggarwal, MD, FSCMR, FASNC, FACC
Cardiology Specialist
Mayo Clinic Health System

Elisa Bradley, MD, FACC
Associate Professor of Medicine
Director, Adult Congenital Heart Disease
Director, Translational Science
Penn State Health Heart & Vascular Institute

Sherry-Ann Brown, MD, PhD, FACC, FAHA
Director of Cardio-Oncology, Medical College of Wisconsin
Milwaukee Research Collaborator, Mayo Clinic
ACC National WIC Leadership Council and Innovation Section

T. Jared Bunch, MD, FACC, FHRS
Professor of Medicine
Section Head, Clinical Cardiac Electrophysiology

Sepideh Darbandi, DO
Cardiology Fellow
MercyOne North Iowa Medical Center

Isabella Grumbach, MD, PhD
Professor of Internal Medicine-Cardiovascular Medicine
University of Iowa Health Care Carver College of Medicine

Sharonne N. Hayes, MD, FACC, FAHA
Professor of Cardiovascular Medicine
Founder, Women's Heart Clinic
Mayo Clinic

Meera Kondapaneni, MD, FACC, FSCAI
Assistant Professor of Medicine, Case Western Reserve University School of Medicine
Director, Cardiac Cath Lab, Heart & Vascular Center
Director, Cardiovascular Disease Fellowship Program
Vice Chairperson of Medicine for Gender, Equity, Diversity, and Inclusion, MetroHealth Medical Center

Sharon Larson, DO, MS, FACOS, FACS
Cardiothoracic Surgeon
Clinical Assistant Professor, ECMO
Surgical Director
University of Iowa Hospitals & Clinics

Laxmi Mehta, MD, FACC, FAHA, FNLA
Vice Chair of Wellness, Department of Internal Medicine
Section Director of Preventative Cardiology & Women's Cardiovascular Health
Director of Lipid Clinics, Sarah Ross Soter Endowed Chair-Women's Cardiovascular Health
Professor of Medicine, The Ohio State University

Marla Mendelson, MD
Director, Heart Disease and Pregnancy Program
Northwestern Adult Congenital Heart Center

Nagalakshmi Nagarajan, MD
Fellow Physician, Division of Cardiovascular Medicine
University of Iowa Hospitals and Clinics

Tochi M. Okwuosa, DO, FACC, FAHA
Associate Professor of Medicine and Cardiology
Director, Cardio-Oncology Program
Rush University Medical Center

Denada Palm, MD
Structural Heart & Peripheral Vascular Interventional Cardiology Fellow
Brigham and Women's Hospital

Jennifer Robinson, MD, MPH
Professor, Departments of Epidemiology & Medicine
Director, Preventive Intervention Center
Department of Epidemiology
University of Iowa

Retu Saxena, MD
Cardiologist
Minneapolis Heart Institute

Toniya Singh, MD, FACC
Managing partner St Louis Heart and Vascular Chair, National Women in Cardiology Council, American College of Cardiology

Jennifer Streeter, MD, PhD
Associate of Internal Medicine - Cardiovascular Medicine
University of Iowa Hospitals and Clinics

Anu Tunuguntla, MD, FACC, FSCAI
Structural and Interventional Cardiologist
Director of TAVR/MitralClip Program
CHI Health Nebraska Heart

Poonam Velagapudi, MD, MS, FACC, FSCAI
Structural Interventional Cardiologist
Assistant Professor of Medicine
Associate Program Director for Cardiovascular Medicine
University of Nebraska

Annabelle Santos Volgman, MD, FACC, FAHA
McMullan-Eybel Endowed Chair for Excellence in Clinical Cardiology
Professor of Medicine, Rush College of Medicine
Medical Director, Rush Heart Center for Women
Vice Chief for Academic Affairs, Division of Cardiology
Governor, American College of Cardiology of Illinois
Chair of the American Heart Association of WIC

Mary Norine Walsh, MD, MACC
Medical Director, Heart Failure and Cardiac Transplantation
Ascension St Vincent Heart Center
Past President, American College of Cardiology

Jin Zhao, MB, PhD
Fellow Physician, Division of Cardiovascular Medicine
University of Iowa Hospitals & Clinics

Denice Zingman, MD
Professor of Internal Medicine-Cardiovascular Medicine
Director, Clinical Cardiac Electrophysiology Fellowship Training Program
University of Iowa Hospitals & Clinics
Dear fellows, residents and students,

Submit your abstract or case report for the 4th Annual American College of Cardiology Midwest Women in Cardiology Virtual Symposium!

Cardiology fellows, residents, and medical students are invited to submit interesting case reports and abstracts of original research in cardiology. Case reports and abstracts previously presented or accepted for presentation at other national cardiology meetings can be submitted. Character limit for abstract and case report is 1,900 without tables or figures. If tables or figures are included, each table or figure would count for 600 characters. There is no character limit for posters.

The two best research abstracts and the single best case report will receive cash prizes. Winners will be announced at the Midwest WIC Virtual Symposium on Saturday, September 11, 2021 during the FIT Poster Session from 3.30 pm-4.00 pm CT.

Deadline for submission of abstracts and posters: **Sunday, August 15th, 2021.**

Please send in your submissions to arooj-khan@uiowa.edu.

We look forward to your submission!

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**Autumn McGill**
Iowa ACC Chapter
Executive

**Arooj Khan, MBBS**
Iowa ACC WIC FIT Chair

**Suzy Feigofsky, MD**
Iowa ACC WIC Planning Committee Member

**Mahi L. Ashwath, MD, MBA, FACC, FASE, FSCMR**
Iowa ACC President/Governor